



## StrongStartBC

### George Jay StrongStart BC Early Learning Program

Our school district follows the advice of the BC Centre for Disease Control and the StrongStart site procedures are based on the recommendations of the following documents:

- [Public Health Communicable Disease Guidance for K-12 Schools](#)
- [Provincial K- 12 COVID-19 Health and Safety Guidelines](#)
- [GVSD61 Communicable Disease Prevention Protocol](#)

Families need to complete the [Daily Health Checklist](#) each day BEFORE they arrive at the StrongStart Centre. If a child or an adult have any symptoms, they must not enter the school building.

#### Entering/Leaving the StrongStart Program

- Respect personal space from other family groups while waiting for the program to begin
- Please enter at the main door at the front of the building
- Wash hands as soon as you enter the StrongStart Room
- Wash hands before leaving the StrongStart Room
- Leave the school property promptly once the program has finished

#### Hand Hygiene

Children and their caregivers should perform hand hygiene:

- When they arrive
- Before & after eating
- After using the toilet
- After sneezing or coughing into hands
- Whenever hands are visibly dirty
- After contact with body fluids (spit, runny nose, etc.)
- When they return to the StrongStart room after taking a break from the program

## Masks

- Masks are required for adults attending the StrongStart program
- Families are encouraged to bring their own masks
- Disposable masks will be provided as needed

## Physical Distancing

- Children do not need to physically distance from their caregivers
- Adults are encouraged to respect personal space from other adults and children in the program
- Children will be encouraged to respect personal space with others as much as possible

## Food & Drink

- Families will be offered a take-away snack at the end of the program.
- Families are encouraged to bring a filled water bottle for their personal use.
- No sharing of food or drink with anyone who does not live in your household.

## Bathroom Use/Change Tables

- Children and adults need to wash their hands after using the toilet
- Caregivers and children are asked to use the washrooms adjacent to the StrongStart room.
- The change table and diaper disposal are located in the StrongStart washroom.

## Program Times

- Families need to **Book in Advance** (orange tab on website) to attend a session.
- All families need to be **Registered** (purple tab on website) before they can book a session
- Monday, Wednesday, and Friday: 8:45-9:45- session 1
- 10:15-11:15- session 2
- Tuesday, and Thursday: 10:15-11:15
- Families will be able to book up to 2 sessions a week at their StrongStart location.
- If you are unable to make your session, please cancel your booking so another family can make use of that StrongStart time.
- StrongStart Centres follow the school calendar (closed on holidays and Pro-D days).

For more information and to register to attend a session, please visit:

<https://www.sd61.bc.ca/programs/strong-start/>