



StrongStartBC

View Royal StrongStart BC Early Learning Program

Our school district follows the advice of the BC Centre for Disease Control and the StrongStart site procedures are based on the recommendations of the following documents:

- [COVID-19 Public Health Guidance for K-12 School Settings](#)
- [Provincial COVID-19 Health & Safety Guidance for K-12 Settings](#)
- [Greater Victoria School District COVID-19 Exposure Control Plan School Site Procedures](#)

Families need to complete the [Daily Health Assessment for Children & Caregivers](#) each day BEFORE they arrive at the StrongStart Centre. If a child or an adult have any symptoms, they must not enter the school building.

Entering/Leaving the StrongStart Program

- Maintain physical distancing from other family groups while waiting for the program to begin
- Families will meet at their scheduled time outside the StrongStart room door. (The same door as before). Please call the school office if you need directions 250-479-1671.
- Wash hands as soon as you enter the StrongStart Room
- Wash hands before leaving the StrongStart Room
- Leave the school property promptly once the program has finished

Hand Hygiene

Children and their caregivers should perform hand hygiene:

- When they arrive
- Before & after eating
- After using the toilet
- After sneezing or coughing into hands
- Whenever hands are visibly dirty
- After contact with body fluids (spit, runny nose, etc.)
- When they return to the StrongStart room after taking a break from the program

Masks

- Masks are recommended for adults attending the StrongStart program
- Families are encouraged to bring their own masks
- Disposable masks will be provided as needed

Physical Distancing

- Children do not need to physically distance from their caregivers
- Adults need to maintain physical distance from other adults and children in the program
- Children will be encouraged to minimize physical contact with others as much as possible

Food & Drink

- Families will be offered a take-away snack at the end of the program.
- Families are encouraged to bring a filled water bottles for their personal use.
- No sharing of food or drink with anyone who does not live in your household.

Bathroom Use/Change Tables

- Children and adults need to wash their hands after using the toilet
- Caregivers and children are asked to use the washrooms located in the StrongStart room.
- The change table and diaper disposal are located in the StrongStart room.

Program Times

- Families need to pre-register to attend a session.
- One-hour sessions will be offered every day (Monday-Friday) from 10:30-11:30 AM.
- On Monday, Wednesday & Friday, a second session will be offered from 8:45-9:45 AM.
- StrongStart Centres follow the school calendar (closed on holidays and Pro-D days).

For more information and to register to attend a session, please visit:

<https://www.sd61.bc.ca/programs/strong-start/>