

## Local Organic Farms Supply Salad Bar

### REYNOLDS L.U.N.C.H. PROGRAM

#### (Locally United for Nutrition & Courtyard Harvest)

After a year in the making, Reynolds served up their first salad bar lunch on October 6! The objective of the LUNCH Program is to provide a nutritious lunch with organic, in season local food for students and staff. The program supports local organic farms, Madrona and Healing Farms. As the program develops additional farms may be brought on as suppliers and eventually Reynolds will provide some of the produce from their own courtyard garden!

The salad bar is available for \$5 a plate to staff and students who pre-order for an 8 week block. A discount voucher is available to anyone who brings their own cutlery and containers!

Students are involved in all aspects of the salad bar, ordering of produce, menu planning, preparation, serving and cleaning up. Weekly menus include two feature salads, one yummy soup and a *make your own salad* option. Parent volunteers are also key players in making this happen on a weekly basis.

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