

This Week at Monterey



Monday, November 29, 2010



Lots of activities are planned for these final weeks of the term. We will do our very best to keep you informed of field trips, class activities etc.



We have two winter concerts coming up. One performance is for the student body to attend, taking place on December 2nd here in the school gym and one for families to attend, taking place on December 14th, at Oak Bay High School Theater at 7:00 p.m. If family members are unable to attend the evening performance, please feel free to join us on the afternoon of December 2nd.



Stormwatch recipients for last week were:
Div.1 Ana Div.2 Julianna Div. 3. Robin Div. 4. Quinlyn
Div.5 Stephanie Div. 6 Ben Div.7 Athena Div.8 Geneva Div. 9 Annie
Div. 10 Isaac Div. 11 Samara Div.12 Lily Div.13 Avery Div.14 Owen
Div.15 Sarah Div.16 Kai



Invitations for our **Breakfast of Champions** will be sent out soon. All stormwatch students and parents are invited.

Monterey Kids are the Best!

MONDAY, November 29

TUESDAY, November 30

Division 9 to Squash 1:00 p.m. to 3:00 p.m.
Vow of Silence led by ME to WE students

WEDNESDAY, December 1

BRAINSTORM 2:00 p.m.
Swim Team Practice 3:45 p.m. - 5:00 p.m. takes place at Oak Bay Rec.

THURSDAY, December 2

School performance of **Winter Music Concert** in the school gym 2:00 p.m.
Silent Auction for Div. 2 fundraiser 7:00 -8:30 (bids close at 8:00 p.m.)

FRIDAY, December 3

Fun Foods



Watch For:

- | | |
|-------------|--|
| December 7 | Divisions 5 and 6 to The Hobbit |
| December 8 | Choir Concert at Oak Bay High School |
| December 9 | Breakfast of Champions 8:00 a.m. to 8:45 a.m.in
MPR |
| December 9 | Division 7 to The Hobbit |
| December 9 | Monterey Winter Music Concert at Oak Bay
High (All Music groups performing)
School Theatre 7:00 p.m. |
| December 14 | Report cards come home |
| December 14 | PAC Meeting 7:00 p.m. |
| December 14 | Advanced Strings Concert at Oak Bay
High School |

Needed for Tech Ed.

Mr. Pite, our new shop teacher, needs used toothbrushes (for glue) and empty 2 litre pop bottles. He says please and thank you!

Snowy Days at Monterey



Please refer to the link below to check for **Athletic Team** updates.

<http://www.sd61.bc.ca/athleticassoc/index.html>



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING WITHOUT POWER STRUGGLES
“Finding Your ‘Pause’ Button”
A Free Introductory Workshop for
Parents of Preteens

*All parents deserve support as they undertake the most important job of all...
Raising their families!*

This Is an Invitation to:

*Parents of Preteens (age 8-12), Educators, Counsellors,
Youth Workers*

To Participate in a Workshop About:

*Our Unique Temperaments (understanding more about our natures)
Respectful Communications (an aspect of nurture)*

This FREE Workshop Is Being Offered at:

*Boys & Girls Club Services of Greater Victoria
1240 Yates Street, Main Floor
Childminding Available - must Pre-register!*

Date and Time:

*Thursday, December 2nd, 2010
6:30pm - 8:30pm*

*If You Plan To Attend,
Please Register by
Wednesday, Dec 1st :*

*Jan Townsend, Program Facilitator
250-384-9133, ext. 213
jtownsend@bgcvic.org*

Parenting Without Power Struggles was developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada – Pacific Region. Funding for Parenting Without Power Struggles in Greater Victoria is provided by the United Way of Greater Victoria.



**“EMPOWERING FAMILIES”
Parents’ Group**

Discovery Youth & Family Services offers an eight-week group for parents and caregivers of teens. Empowering Families provides opportunities to learn more skills, increase understanding, and to move from a focus of “what’s going wrong” to “what’s going well” in parents’ relationships with their teens.

Some Topics Include:

- Strengthening Relationships
- Understanding Adolescent Brain Development & Tasks
 - Communication Skills
 - Info on Substance Use
 - Boundary Setting

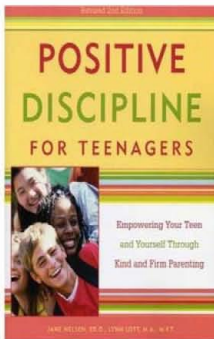
**FOR MORE INFORMATION
OR TO FIND OUT ABOUT
THE NEXT SESSION,
PLEASE CONTACT
DISCOVERY YOUTH & FAMILY
SERVICES
250-519-5313 AND PRESS “0”**

Where?

Esquimalt Health Unit
530 Fraser Street– 2nd Floor
Free Parking @ Esquimalt Rec Centre

When?

Monday Evenings
Start: Monday February 7-March 28
Time: 6pm-8pm



Registration is free, however, we ask that parents purchase or bring a copy of the book, ‘Positive Discipline for Teenagers’.
(\$12. copies available from group facilitators)

