

Monterey School News

January 13, 2012

UPCOMING EVENTS

January 20 – Fun Foods

January 23 – Darren Laur presents:

For Students @ 10:15 a.m. in the Gym (Cyber Safety)

For Parents @ 7:00 p.m. in the Multi-purpose Room
(Internet Safety & Digital Citizenship)

January 26 – Parent Information Evening at Oak Bay High
for our current grade 8 students and parents

February 9 – Monterey Parent Information Evening
Open House

February 16-24 – Transfer Week

February 17 – Pro-D Day

March 9 – Last day of school in session prior to spring
vacation (School will re-open March 26)

REMINDERS

This is the time of the year for our current grade 8 students to plan for their future and make their decisions about secondary education. The Greater Victoria School District has seven outstanding secondary schools committed to each student's success in learning within a responsive and safe environment. In order to learn about the many choices available at our secondary schools, parents/guardians and students are invited to attend the Secondary Information Nights that are listed below. The meetings will be held at the schools from 7:00-8:30 pm.

Mount Douglas High School - Tuesday, January 19, 2012

École Oak Bay High School - Thursday, January 26, 2012

Spectrum Community School - Monday, January 16, 2012

Lambrick Park High School - Thursday, January 17, 2012

Esquimalt High School - Wednesday, January 18, 2012



*Monterey Middle
School Parent
Information Evening
February 9, 2012
7:00-8:30 p.m.
Please meet in the Gym
at 7:15 p.m.*

*(For students new to Monterey in
September 2012)*

- *The Middle School Model*
- *Monterey Middle School*
- *Monterey Middle School from students' perspective*
- *Slide show*
- *PAC*
- *Questions*
- *Tour of the School*
- *Refreshments*



PRINCIPAL'S MESSAGE

Welcome Back!

As we approach the middle of January our grade seven students will be participating in Foundation Skills Assessments. To give you additional information regarding the Foundation Skills Assessment I have included information regarding the FSA, the Value for Parents, and the Value for Monterey. The Foundation Skills Assessments are not meant to be comprehensive, but are meant to be added to all of the information you get from your child's teachers-assignment results, classroom test marks, and report cards. The more informed you are as a parent, the better you are able to support your child as a learner.

What is FSA?

The Foundation Skills Assessment (FSA) is a set of reading, writing and numeracy tests administered each winter to B.C. students in grades 4 and 7. The FSA does not measure students' ability to memorize specific facts; it measures reading, writing and math problem-solving skills that students have gained during several years of learning. Some of the questions are easy and some are more challenging. Students answer the multiple choice questions on the computer and do their written work in a booklet that goes home to parents by March 31, along with the student's overall assessment results. FSA results do not count toward student grades.

Value for Parents

FSA is meant to complement – not replace –classroom learning. Along with classroom assessment, FSA provides valuable information to parents on how their child is performing in reading, writing and numeracy.

Value for Monterey

Schools get information on how groups of students did on specific types of FSA questions. Using information from FSA, the Ministry of Education works with school districts to provide support for students and to improve teaching and learning for the coming school year.

The results of these tests in Reading, Writing, and Math provide us with data that we can use for planning at the provincial, district, and school level. At Monterey we use the data as one indicator of whether our efforts are resulting in students who are performing well in these core subject areas. FSA results are one of the pieces of evidence that our School Planning Council will look at in this regard. We will look for trends over time in student performance in Reading, Writing, and Math so that we can identify areas in which we are doing well and areas in which more focused attention is required. We also look at school data such as the school-wide write, student progress and other information from students, staff and parents. As far as the relevance of the information for you as parents, the FSA results give you one more piece of information about how your child is doing and whether his/her progress in Reading, Writing, and Math is exceeding, meeting, or not yet meeting expectations when compared to children of this age all across our province.





The higher the participation rate by our grade seven students, the more relevant the data, so I am hoping that most of our students will complete the tests.

Grade 7 Satisfaction Survey Information

Satisfaction Surveys usually arrive in February and they too are aimed at grade seven students, but also include a survey for parents and staff. These surveys gather opinions from students, parents and school staff on achievement, human and social development, and safety. Grade seven students will complete the online surveys at school. Parents of grade seven students will be given log on instructions and passwords so they can complete the surveys electronically as well. The results from this survey are also used in our school and district planning as we strive to provide excellence in education.

NEWS

As a result of a proposal written by Mr. Brown, Ms. Ross, Mr. McCartney and Ms. Whitten, Monterey has received a grant from SET.BC which includes 6 Macbook Airs, an Ipad2 and 1 document camera.

CODES OF CONDUCT

Monterey middle school is a learning community which values:

- Respect
- Safety
- Diversity
- Honesty
- Involvement
- Responsibility

In order to protect these core values, our bottom line is...

- No Weapons
- No violence or bullying
- No discrimination
- No drugs or alcohol
- No direct defiance
- No stealing or vandalism



Bottom line behaviors will result in disciplinary action and parents will be notified. Repeated offences will result increasingly serious consequences and acts of retaliation for reporting a code violation will not be tolerated.

A more detailed version of our code of conduct is posted in classrooms and on our school website (<http://www.sd61.bc.ca/school/monterey/>)



CELL PHONES

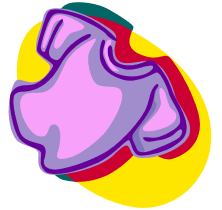
Cell phones are not permitted to be used during the school day: Students may use classroom or office phones for important calls to parents. If a student has a cell phone, it must be completely turned off during school hours.

DRESS CODE

Clothing for school should be appropriate for the learning environment and for involvement in physical activities.

Please use the following as a guide:

- + No boxers /underwear showing
- + Appropriate clothing for PE i.e. Running shoes, t-shirt, shorts/track pants
- + Shorts/skirts/shirts may NOT be revealing
- + Clothing that is inappropriate based on the above criteria, or that displays offensive words, slogans, pictures, racism, sexism, profanity, gang symbols, violence and/or alcohol or tobacco products will not be accepted in our school.



FIELD HOCKEY

The Victoria Junior Field Hockey Association offers a Spring Field Hockey League for players aged 4 to 18.

- 10 week season, starting March 31, 2012
- Divisions for boys and girls
- Come Try the Game Free Days!
- UVIC Turf Fields near McKinnon Gym
- Sunday, February 5, 2012



For more information, please visit www.victoriajuniorfieldhockey.ca or email info@victoriajuniorfieldhockey.ca Registration opens 12 January 2012.



Healthy Eating During Cold & Flu Season...

As the weather becomes colder and we stay indoors more, people often catch colds or other viruses. While there is no way to cure the common cold or the flu, following are some immune-boosting foods that may ward off those nasty viruses!

- ❖ Yogurt contains probiotics, beneficial bacterial with immune-boosting benefits. Look for the "live active culture" seal, which indicates that probiotics have been added.
- ❖ Check milk product labels for vitamin D. Early research suggests low levels of vitamin D may be linked to a increase in colds and flu
- ❖ Vitamin C, found in citrus fruits and juices, may also help the body's immune system
- ❖ Zinc, found in meat, chicken, peanuts and peanut butter, plays an important role in the proper functioning of the immune system in the body
- ❖ If you do catch a cold or flu virus chicken soup and warm beverages increase the flow of nasal secretions, helping relieve cold symptoms. Of course, the taste and wonderful smell of chicken soup may be an important part of the positive effects!

Healthy, Safe and Caring Schools Program
Student Services, Greater Victoria School District

HealthLink BC Any time day or night; Every day of the year; Dial 811 or go online to <http://www.healthlinkbc.ca/>
Easy access to non-emergency health information; speak with a nurse about symptoms, consult with a Pharmacist about medication questions, or get healthy eating advice from a dietician. You can also find the publicly-funded health services and resources closest to you.

Drama Performance



(The cast from left – Claudia S, Nina W, Abigail A, Chelsea C, Jack L, Chelsea B, Julia Y, Shelby C, Piers Y, Ruby T, Marin M, Zoe M, Isabella L, Griffin P, Koa J, Hadley P.)

Pictures with Santa...



(From left - Amara D, Santa -Gavin K, Macy P.)

Beacon Hill

LITTLE LEAGUE

**FAIRFIELD
JAMES BAY**

**ROCKLAND
SOUTH OAK BAY**

EST. 1973

www.beaconhilllittleleague.org
VICTORIA, BC

Registration 2012

BOYS 5-12 & GIRLS 5-16 BASEBALL & SOFTBALL
T-Ball, Mini-Minors, Minors, Major and Junior Leagues

REGISTER ON LINE AT: www.beaconhilllittleleague.org

OR REGISTER IN PERSON

February 4 - 5 Hollywood Park - 1pm to 4 pm - Sat. & Sun.
February 11 - 12 Hollywood Park - 1pm to 4 pm - Sat. & Sun.

HOLLYWOOD PARK CLUBHOUSE - 1700 FAIRFIELD ROAD
No child will be denied to play due to financial reasons.

BRING BIRTH CERTIFICATE, BC MED. CARD, PROOF OF RESIDENCY
SPECIAL BOUNDARIES APPLY IN THE LITTLE LEAGUE PROGRAM

FOR MORE INFORMATION PLEASE GO TO OUR WEBSITE AT
www.beaconhilllittleleague.org OR EMAIL US AT: bhillregistrar@gmail.com



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS

Winter Sessions 2012

INFORMATION SHEET

UPCOMING EDUCATIONAL & GROUP SUPPORT PROGRAMS

Parents Together

- For parents of teens (13-19 years)
- Offers opportunities to strengthen your relationship with your teen, and honour their growth toward adulthood
- Suggests different ways of looking at your situation, presents additional skills to solve problems at your own rate, and supports and encourages you to follow through on your plans for change
- 10-12 week program (participants are welcome to attend until their needs are met).
- Held in a location close to you!

Program Dates: Programs begin the third week of January! 6:30-8:45pm

New participants are welcome to join on an ongoing basis

Participant Fees: \$30/person, \$45/couple and \$15 for program book – Subsidies Available

Must pre-register as class size is limited

Parenting Without Power Struggles

- For parents of preteens (8-12 years)
- Provides an overview of how families may be affected as children change/develop from preteen to teen
- Offers support, understanding, problem solving ideas, and skill development
- 10 week program held in a location close to you!

Program Dates: TBA

Participant Fees: \$30/person, \$45/couple and \$20 for program manual – Subsidies Available

Must pre-register as class size is limited

**These programs have been designed to help support parents in the most important task of all
– raising their families!**

*Parenting Without Power Struggles and Parents Together were developed by staff and parents throughout BC and are administered under the auspices of Boys and Girls Clubs of Canada – Pacific Region.
Funding for Parents Together in Greater Victoria is provided by Ministry of Children and Family Development.*

For more information call Jan Townsend at 250.384.9133 ext 222
A full description of both programs can be found on our Website:
www.bgcvic.org



Boys & Girls Clubs
of Canada

PACIFIC REGION