

# LAKE HILL K-5 NEWSLETTER

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Principal: Jody Waldie, Vice Principal: Cindy Harte, Admin Assistant: Barb Blackstock

October 28, 2011



## Principal's Message

We are enjoying the crisp and clear weather that has come with autumn and at the same time wonder how it is that September and October have passed us by so quickly! Last month we reported on our Terry Fox Run and how we at Lake Hill School support this important annual event. We have a further update with the planting of over 300 daffodil bulbs by students in Grades 1-5 in our Terry Fox Garden (beside the bicycle racks). In addition to the Terry Fox Garden, our Kindergarten classes planted their "Terry Bulbs" with several other spring flowers in the wooden planter and students in the Garden Club will be planting a lily and spring bulb garden by our flag pole with Mrs. McAuliffe and Ms Johnston. What beautiful displays we will have to look forward to this spring! It has been wonderful to see the shared energy around Garden Club and to have so many of our students, staff and families join in.

Last week, our Grade 4 and 5 soccer players attended the Reynolds Family Jamboree at Braefoot Park with Mrs. Vingo and Mrs. Scigliano who came back with high praise for our team. Thank you to our students for being such great ambassadors for our school and to Mrs. Vingo for coaching the team again this year. Almost 40 students in Grades 2-5 participated on our cross country team this year. We enjoyed three after school meets with other Greater Victoria School District students and a final race at Beacon Hill Park on October 24th. Mrs. Harte and I really enjoyed the team this year and I would like to thank Mrs. Harte for her organization and supervision at meets as well as our parents for their support, encouragement and for getting children to the events.

Mr. Harrison and Mrs. Scigliano have started up floor hockey practices for students in Grades 3-5 and soon knitting needles will begin to fly with Ms Thacker's knitting group.

Students involved with choir and strings have been rehearsing with Mrs. McAuliffe and/or Mrs. McKnight (and we hope practicing at home also!). We will have the opportunity to hear them perform on several occasions over the next few months.

Our PAC members have been very involved in many "fund" and "fun" raising activities. I am sure the annual Scarecrow Stomp will be a complete success tonight as always.

What energy! And that is just the parents!!! I can't wait to see the children's skills in estimating mass when they try to guess the weights of the three ENORMOUS pumpkins grown by Richard, Marnie and Lynora!

It is wonderful to see so many students actively involved in their learning in the classrooms and in extra-curricular activities. Thanks to each and every one of you for supporting our school and making such diverse and engaging opportunities possible for our children.

Jody Waldie



Artwork by Kylie— Grade 4



### “Safety” Recognition Assembly

The following students were recognized at our assembly on  
**Wednesday, October 26, 2011**

- ★ **Alexander B.**—for demonstrating safe behaviour in all Class activities.
- ★ **Lynora S-D.**—for helping everyone in the Class feel welcome and safe.
- ★ **Tina C.**—for always playing safely, keeping herself safe, and facing her fears by hosting an assembly.
- ★ **Clair M-D.**—for always being really positive, respectful and safe when playing soccer and doing Cross country.
- ★ **Dacian F.**—for safety and personal awareness. Good job!
- ★ **Ayumi O.**—for being calm and quiet while playing with her peers.
- ★ **Tyler P.**—for using his wits on the playground.

★ **Sakura U.**—for checking the space around her before throwing the basketball at the hoop.

★ **Ty A.**—for coming back for his helmet so he could safely ride his bike home.

★ **Santiago P.**—for doing an excellent job of following the safety rules during emergency drills.

★ **Miranda D.**—for making sure others are safe on the playground.

★ **Evelyn S.**—for making those around her feel safe to take learning risks.

★ **Shiloh R.**—for knowing how to take risks safely, especially outside.

★ **Matty B.**—for playing safely with his friends in the Classroom and on the playground.

★ **Leila B.**—for playing safely with her friends in the classroom and on the playground.

★ **Hayley W.**—for always being a safety conscious student at school.



★ **REMINDER** — Remembrance Day on Friday, November 11th &  
★ Pro D Day on Monday, November 21st - NO Students in Session



***BLACK & ORANGE Day at Lake Hill - Monday October 31st***

Students are invited to wear back & orange clothes and accessories for the day  
(no costumes please).



Volunteers are needed to help in the Book Room on Monday and/or Friday. If you are interested in helping, please let the office know. Thank you to Melody, Delia and to the newest volunteers, Jackie and Lisa, for their dedication and hard work to maintain this valuable resource for our teachers and students.



# 1000X5

1000 Books by Age Five  
Children's Book Recycling Project Greater Victoria

## What is 1000X5? Give the "Gift of Literacy"

We are a *Success by 6* Project in cooperation with *Saanich Neighbourhood Place, Victoria School District* and partnering agencies.

The project is based upon the belief that if a child hears 1000 books by age 5, he or she is much better prepared to enjoy and succeed in learning.

Families at Victoria School District 61 elementary schools donate gently used picture books for children birth to age 5.

Retired teachers and administrators skillfully sort, clean, label and package quality books for the different age groups, birth to five.

Beautiful gift bags of books are then distributed by Saanich Neighbourhood Place and six Strong Start Centres (Craigflower, George Jay, James Bay, Macaulay, Tillicum, View Royal) to families for their home libraries.

This project is a much needed expansion of the very successful Peninsula (PCEC) 1000X5 Children's Book Recycling Project.

So all year, please bring your gently used books for babies and toddlers to the **PINK drop box** in the front hallway.

Thank you for your part to make reading a reality for everyone.





**Missed Your School Photos??  
PHOTO RETAKE DAY  
Wednesday, November 2nd  
(8:45—10:30 am)**

Our photo day went very well. Parents have already received their child's photo proofs and have returned their orders.

If you would like to have a **RETAKE** of your child's photo, please **return your proofs** on Retake Day to the photographer she/he will re-photograph free of charge.

If your child **missed photo day**, he/she can have his/her photo done at this time. *Please pick up a Form from the office, fill it out and send it back on Retake day with your child.*

All students, whether they are ordering a package or not, have their photo taken. The photography company provides us copies of the students' photos for our school records.

**Safe Arrival Program**

If your child is going to be absent from school, please remember to call the Safe Arrival Line and leave a detailed message at 250-479-3956 on the answering machine.

If you arrive late, please remember to sign in on the Late Sheet in the hall by the office.



**Lake Hill Remembrance Day Ceremony and Tea**

Our Remembrance Day Ceremony will be held on Thursday, November 10<sup>th</sup> beginning at 10:40 a.m.. Students who attend Sparks, Brownies, Scouts, Cadets etc. are encouraged to wear their uniforms on this day.



We are extending an invitation to adult family members who would like to attend our ceremony—moms, dads, grandparents—all are welcome. We do request that you make alternate care arrangements for younger siblings for this event. Thank you for your understanding.

Following our Remembrance Day Ceremony, Lake Hill Staff Members are planning a special tea for Seniors and members of our Canadian Forces. **Please RSVP at the school office 250-479-2896 with the names of Seniors, or family members of the Canadian Forces, you would like to invite to this special tea.** We would appreciate having names by Friday, November 4th so staff are able to plan for refreshments.

Beginning Thursday, November 3rd, we will be collecting donations for poppies. Students will be given their poppies just before the assembly.

## "SHOWCASE" BY LAKE HILL STUDENTS



By Kaitlin—Grade 5

If I ran the school I would turn the floors into ice so people could slide. I would let Kindies rule the school and be my body guards. They would build me a throne and crown me "King Fun". We wouldn't learn at all. I'd open an ice cream shop with all flavours. Then we would slide to our backpacks, close up the ice cream shop, take out the ice and call it a day.

By Spencer—Grade 4



Div. 7 Pumpkin Patch

If I ran the school for one day everybody would wake up early, pack their stuff then go to school. We would go to the airport to get ready to go to Disneyland. Everyone would have breakfast when they got on the plane. Next everyone would watch a movie. Then next everybody would get things in each bag. The whole school in the plane will get lunch. After lunch we would land in Disneyland. Everyone would be so excited to go on the rides very quickly. They would play the whole afternoon. When everyone got really tired we would go back on the plane, get to school, then wait for our parents to pick us up to go home.

By Kaitlin—Grade 4

Once upon a time there was a skeleton named Pete and he sang a song. I love my blue shoes I love my blue shoes. I love my blue shoes.

By Braeden—Grade 1

I like recess because it's cool. I feel free. I like playing Star Wars. I like playing Pokemon and Lego Star Wars.

By Tyler—Grade 3

Ring, Ring, Ring! "Hi, oh thank you, bye" I said. That was the principal calling, she phoned in sick and said I got to rule the school for the whole day. Right now I'm riding to school. I've booked a flight to Hawaii and we're going now. We're flying on an Airbus 380. I'm sitting in the front row. Mmmm, that's good food. We're in mid flight and I can see Hawaii. We're getting closer...BANG!!! Oh, sorry, I should stop dreaming. I have to go...it's nine o'clock.

By Joss—Grade 4



By Aeryn—Grade 5

I like our new teacher. She is fun.

By Maria—Grade 1



By Roman—Grade 1

Information on School Goals: Goal #2

**To increase students ability to self regulate and demonstrate socially responsible actions in school, community and the environment.**

Ida Rose Florez's article, *Developing Young Children's Self Regulation through Everyday Experiences* provides an overview of self regulation and is accessible through the link below. We recommend this interesting article to provide you with information on why we believe teaching self regulation is important for our children.

[http://www.naeyc.org/files/yc/file/201107/Self-Regulation\\_Florez\\_OnlineJuly2011.pdf](http://www.naeyc.org/files/yc/file/201107/Self-Regulation_Florez_OnlineJuly2011.pdf)

Research tells us that strategies do need to be taught through modeling and/or direct experience in order for children to learn to regulate their thoughts, emotions and behaviours.

At Lake Hill School we have created our F.A.C.E. grid and use this in our teaching to provided a framework for each of us in teaching children self regulation strategies.



**Focused                      Alert                      Calm                      Engaged**

**Inside  
the class/  
school**

I complete my jobs  
I keep myself organized  
I help my peers work  
I look at the speaker  
**I am ready to learn**

I follow instructions  
I'm aware of my actions  
I'm aware of my peers  
I take learning risks  
**I am caring**

I manage my emotions  
I work to solve problems  
I seek help when needed  
I work cooperatively  
**I am honest**

**I have fun learning**  
how I connect  
to our **community** and  
the world

**Outside  
on the play  
grounds**

I try new activities  
I take care of equipment  
I follow through in games  
I own my actions  
**I am trustworthy**

I play safely  
I am inclusive of others  
I line up at bell time  
I help if someone's hurt  
**I am safe**

I share the equipment  
I take my turn fairly  
I follow the expectations  
I use my W.I.T.S.  
**I am able to share**

**I have fun making**  
**social connections**  
in a less structured environment

**In the  
Community**

I remember my purpose  
I know why I am there  
I take in what is shared  
I learn from others  
**I respect others**

I make use of resources  
I follow rules and signs  
I keep myself safe  
I keep my peers safe  
**I enjoy my friends**

I am proud of my actions  
I remember my manners  
I ask questions politely  
I show appreciation  
**I am kind to others**

**I have fun learning how to**  
**contribute positively**  
to our  
community and world

