



GLANFORD MIDDLE SCHOOL NEWSLETTER

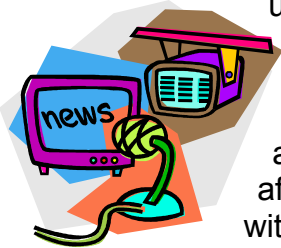
April 30, 2007

Greetings to the GMS community!

This newsletter brings us to the end of April 2007, with much to celebrate and reflect upon, as well as much to prepare for! As we enter the final two months of the school year, you will see some of the highlights of the past month around our school, as well as some of the exciting events ahead!

Studio 85 Grand Opening

As you may be aware, one of the most exciting contributors to our school culture around GMS is Studio 85. Hopefully, you have heard all about it! Studio 85 is our very



unique live feed of announcements, which occurs every morning, and is sent live into all of our advisory rooms. The studio affords our grade 8 students with the opportunity to take on many important leadership roles in our school. We have secured a permanent place in our school for the studio to be set up, and this week, we had our official grand opening! It was an absolute honor to be a part of – please check out some of the highlights on our school webpage –

<http://www.sd61.bc.ca/school/glanford/sitepages/home.htm>.

Congratulations and a sincere thank you goes out to both **Mr. Brooker** and **Mrs. Wooster** for their countless hours and effort made to making this innovation a huge success.

Rugby, Field Hockey, and Badminton

We have been delighted with the high number of students in grades 6-8 that have given Rugby, Field Hockey, and Badminton a try this year. These exciting sports have been led by the expertise of Mr. Seaberg in Rugby, Mrs. Rushton in field hockey, and Mr. Leischner in Badminton. Jamborees have been culminating activities for rugby and field hockey, promoting team play, skill development, and sportsmanship. Congratulations to all students involved and a big thanks to our many staff sponsors and helpers!



Track And Field



We have started Track and Field now at GMS, and like the other sports opportunities that we offer, have seen a huge interest and turn out from students! The running events and the field events are all underway with respect to training, and the students that have chosen to participate in these events have brought home notices with pertinent information from the

coaching staff. Good luck to all of our participants, and a big thanks goes out to our many staff helpers, led by Ms. Chiappetta, Mr. Beech, Ms. Kidd, Mrs. Norbury, Mr. Brooker, Mr. McIntyre and Mrs. Maestrello, .

Upcoming Foundation Skills Assessment

During the month of May, students throughout British Columbia will write Foundation Skills Assessments in the areas of Writing, Reading Comprehension, and Numeracy. At GMS, our grade 7 students will be participating in the writing of these assessments. FSA provides a snapshot of how well BC students are attaining foundation skills.

These assessments assist us in:

- determining how well students are learning vital skills they will need later in life
- learning if student achievement is improving over time
- finding out if there are any trends in student performance at the school, district and provincial levels.

The reading comprehension and numeracy components consist of multiple-choice questions and open-ended questions. The writing component consists of first drafts of two writing tasks. Results will be used for planning purposes; each student will receive their individual results, while schools will use overall results as one source of data to consider when planning for improved student learning.



Band and Strings

Our Band and Strings programs continue to excel. We are very proud of the hard work and commitment made by our students with respect to practicing their instruments, and performing as a team! Recent trips to Port Alberni and to Esquimalt Secondary have been outstanding examples of our students performing. Congratulations to our Band as they have qualified for a spot in the Canadian National Performances for next year!

Social Responsibility

Ms. Norbury, her students, and the Grade 6 Team are promoting the following wonderful opportunity:

On May 4th, at 2:00 pm Glanford Middle School students and staff are walking the block, down Judah Street, along Carey Road and up Baker Street, with full one-gallon water jugs. The purpose of this event is to raise money to help fund education for students in Tanzania who could otherwise not afford it. All money raised will reach Tanzania through, and be distributed by the Canadian Harambee Education Society.

At Glanford, we value education as a human right and we understand that we have the responsibility to ensure that right is upheld all over the world. We also understand that we have the global responsibility to help where we can, and when we can.

Please join us on the walk or even support us with a wave and a smile as we pass! After a few words from Catarina Harker of CHES, we will leave the front of the school at 2:00 pm. We hope to see you then!

Upcoming Transition Events

On Thursday, May 17th, our school district is hosting a Transition Afternoon. The afternoon is dedicated to allowing students an opportunity to visit the school that they will be attending in September 2007. For our grade eights, most of our students will be attending Spectrum Secondary or Reynolds Secondary next year; They will be spending the afternoon of May 17th at those respective schools. For neighboring students currently in grade five that will be attending GMS in September 2007, we have invited these kids to spend an afternoon with us May 17th. This will be a chance for these youngsters to see the school they will be attending, learn more about what to expect when they come here, and finally, get a taste of our wonderful school culture we are so proud of around GMS!

Upcoming Important Dates

- ◆ Tuesday, May 1st – GMS PAC Meeting, in our library, all parents welcome to attend!
- ◆ Friday, May 4th – Social Responsibility Event, 2 PM, see above notes for details
- ◆ Monday, May 7th – 11th – Emergency Preparedness Week; earthquake drill this week
- ◆ Friday, May 11th – class photos
- ◆ Thursday, May 17th – District Transition Afternoon – see notes above
- ◆ Friday, May 18th – Final Non-Instructional Day this school year; students not in session
- ◆ Monday, May 21st – Victoria Day Holiday, students not in session

See you in and around GMS!

Louie Scigliano, Principal

Elaine Wooster, Vice-Principal



SAVVY SHOPPING TIPS FOR LUNCHES AND FAMILY MEALS

What you buy on your weekend grocery trip becomes the next week's lunch and meal options. Before you make your shopping list, include your children in the planning. They are more likely to eat foods in which they have had a say in the choices. The following steps will help make preparing lunches (and family meals in general) an easier task.

1. Make a list. Check your cupboards, refrigerator and freezer to see what you have on hand.
2. Eat before you go. This way you are more likely to stick to your list – and your budget.
3. Shop the outside aisles (the perimeter of the store). This is typically where the freshest, most nutritious and least processed foods are found - dairy, produce, grains and meat, and meat alternatives.
4. When shopping the inside aisles, resist the urge to buy whatever is at eye-level and at the end of aisles. These are not always the best choices for quality and price. They are intended to catch your eye so you will buy them whether you need them or not. Stick to your list so that you leave the store with only what you need.
5. Become a label reader. Reading labels helps you to make informed choices and lets you know what is in the foods you buy.

For more nutrition information call 1-800-667-3438 or visit www.dialadietitian.org. For information on nutrition labelling visit www.healthcanada.ca/nutritionlabelling.



Glanford Middle School Music Department

Hello all,

The Glanford Music program is busy as ever representing the school and the community in performances and festivals around the Island and Lower Mainland this past month. After the hugely popular and successful Cabaret and Patisserie Night at Glanford School in March our students have received accolades for their festival performances and been rewarded by a recommendation to represent our city at MusicFest Canada, the national music festival for both our Senior Concert Band and most recently our Senior Jazz Band. In fact individual awards were given to Adam Drescher, who was named "Most Outstanding Junior Trombone Player, Emily Wilson and Jacqui Dukowski, who were named "Most Outstanding Junior Bass Players, and Curtis Warren, who received a \$100.00 Scholarship to the Courtenay Youth Music Camp.

The Band students are looking forward to traveling a little more recreationally in May. Our Beginning students will be attending Camp Pringle for some workshop time and fun with guest clinicians and all that the camp has to offer. Our Advanced students have a trip planned to the Lower Mainland to perform in three concerts, have a workshop and enjoy some special entertainment opportunities there.

The teachers would like to take this opportunity to thank all of the parent volunteers and donors who helped make our Cabaret and Patisserie Night the tremendous success it was. You saw some dressed in Black and White but there were others who worked diligently behind the scenes and it took everyone to make it the memorable evening it was. Thank you, congratulations and thanks again.

The Band students will be having a Bottle Drive on Sunday, May 27th. Please save up your bottles and bring them in to school or just have them ready for us and we will be by. Thank-you in advance.

Please find following some information about the upcoming Cruise Lottery. We ran this popular fundraiser last year and the anticipation we all felt, as we planned where we would go on our own cruise, made it our most popular fundraiser last year. Please note the **draw date is the night of our final concert on June 7th** and also, like last year, there will only be **250** tickets sold on this cruise so the odds of winning are very good. Get your tickets from ticket sellers in the front entrance of the school from 8:15- 8:30 and 3:10 to 3:30 each day starting Friday, April 27th or by contacting Mr. Fello in the Band Room. All proceeds will go towards enriching the music program offered at Glanford Middle School.

We would like folks to pre-order their tickets, where-ever possible, and so return the money and the following sheet with the required information on it and our volunteers will fill in the necessary information on the actual tickets and return them to the purchasers. Buy as many tickets as you want, with a variety of names on them if you would like, to increase your chances of winning.

Good luck everyone!!!!!!

GLANFORD MIDDLE SCHOOL CRUISELOTTERY 2007

Win a 7 day cruise aboard Holland America Line (select dates for 2007 and 2008 sailings to choose from)

ALASKA, CARIBBEAN, MEXICAN RIVIERA OR CANADA/NEW ENGLAND

Grand Prize: 7 Day Cruise for 2 (Outside Stateroom) Ticket Price: \$20.00

Chances of winning are 1 in 250 per ticket purchased. Winners consent to the release of their names by the licensee. Transportation to and from the port is not included. Grand prize winner has the choice of select 7 day cruises to Alaska, Caribbean, Mexican Riviera or Canada/New England.

Name _____

Address _____ City/Province _____

Postal code _____ Telephone(day) _____ (evening _____)

Email address (for cruise and travel updates _____)

\$20.00 Cash Cheque Credit Card

Credit Card Number _____ Expiry Date _____

Name on Card _____

Name _____

Address _____ City/Province _____

Postal code _____ Telephone(day) _____ (evening _____)

Email address (for cruise and travel updates _____)

\$20.00 Cash Cheque Credit Card

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Email address (for cruise and travel updates _____)

\$20.00 Cash Cheque Credit Card

Credit Card Number _____ Expiry Date _____

Name on Card _____

GMS Yearbook

It's time to order your 1st ever Glanford Yearbook!

Be a part of the memories 😊

- The cost of a soft covered yearbook is \$20.00 if you preorder by May 25th.
- The price rises to \$25.00 after this date.
- Don't be disappointed, don't delay, fill in the attached order form and send it back to school along with your cheque for \$20.00. Every minute counts.

Yearbook Order Form

Name: _____

Advisory: _____

Preorder by May 25th = \$20.00 _____

After May 25th = \$25.00 _____

Date: _____