

# Bullying

At Cloverdale, as with all other schools in the District, there is zero tolerance for bullying. We fully support District and other initiatives that address this issue. Through in-school programs such as WITS, we work with our students to help them identify bullying behaviours and develop strategies to empower them when dealing with bullies. Below is a chart that is used within Cloverdale that identifies bullying behaviours. It is important to remember that it is **repeated** behaviours that constitute bullying, **not an isolated or one-time incident**. Hopefully this information can be used as a resource for conversations with your child. The chart itself is good to have posted in your home to serve as a reminder. Together we can eradicate bullying.

**Bullying Behaviours Chart**

Mild		Moderate	Moderate		Severe
<b>Physical Aggression</b>					
-Pushing -Shoving -Spitting	-Kicking -Hitting	-Defacing property -Stealing	-Physical acts that are demeaning and humiliating but not bodily harmful (e.g. de-panting) -Locking in a closed or confined space	-Physical violence against family or friends	-Threatening with a weapon -Inflicting bodily harm
<b>Social Alienation</b>					
-Gossiping -Embarrassing	-Setting up to look foolish -Spreading rumours about	-Ethnic slurs -Setting up to take the blame	-Publicly humiliating (e.g. revealing personal information) -Excluding from group -Social rejection	-Maliciously excluding -Manipulating social order to achieve rejection -Malicious rumour mongering	-Threatening with total isolation from peer group
<b>Verbal Aggression</b>					
-Mocking -Name calling -Dirty looks -Taunting	-Teasing about possessions or clothes	-Teasing about appearance	-Intimidating phone calls	-Verbal threats of aggression against property or possessions	-Verbal threats of violence or of inflicting bodily harm
<b>Intimidation</b>					
-Threatening to reveal personal information -Graffiti -Publicly challenging to do something	-Defacing property or clothing -Playing a dirty trick	-Taking possessions (e.g lunch, clothing, toys)	-Extortion	-Threats of using coercion	-Coercion -Threatening with a weapon