



Quote
A wise man is one who knows the difference between good, sound reasons, and reasons that sound good.
Unknown

Newsletter Date February 25/10
Volume 2, Issue 8

Cloverdale Traditional Newsletter

Principal's Message

Dear Parents & Guardians:

The buds are starting to appear on the trees and the sun is shining as I write this newsletter. This must mean that spring is on its way!

February was a very busy month at Cloverdale Traditional School. Walking through the school some of the things I observed were:

1. Grade Fours completing the Foundation Skills Assessments
2. Classes learning about our local Aboriginal culture with their teachers and Mrs. Bourque.
3. Mrs. Tompkin's class practicing ukuleles getting ready for their concert at UVic on March 3.
4. Our Grade Five's playing

floor hockey and participating successfully in the Cedar Hill Jamboree.

5. An exciting Spell-a-thon that all students participated in.
6. Several classes participating in dance during gym classes.
7. An exciting bulletin board about our Olympic Athletes in French.
8. Andy Warhol artwork all around the school.
9. Students reading, reading, reading!
10. A Green Team that is excited about helping to green our school.
11. Students reading in the library every Tuesday lunch hour as part of the Red Cedar Club.

Report Cards will come home on Friday March 5. Take time to thank our staff for all their hard work and the extra time and care they take to write these important documents. Student-Led conferences will take place on Wednesday March 24th and students are dismissed at 12:04 p.m. Please mark that date on your calendar. Let's have a 100% participation by all of our families.

As you all know, this year our Spring Break is two weeks long. It is from March 8-19. The children return to school on March 22nd. I hope you all are able to enjoy special family time during the time off.

Kathy Upton, Principal

Aboriginal Science Fair

Four students from CTS will participate, on Friday, in the Aboriginal Science Fair at James Bay Community School. Alec, Alex, Sabine and Krystal have been working hard learning about mushrooms. They are looking forward to sharing their new knowledge at this special event. Watch for their display in the school



Spring Break

The dates of Spring Break are March 8-19. The last day of school for students is March 5 and they will return to school on March 22.

Did you know?

If you return bottle to the **Quadra Street bottle return** and tell them you are from Cloverdale Traditional School, the funds will be returned to our PAC.



If you purchase books from **Tall Tale Books** and tell them you are from Cloverdale Traditional School, they will give the school 5% of the cost?

Thank you to these generous sponsors of our school.

STUDENT LED CONFERENCES—March 24, 2010

Students will be dismissed at 12:04 pm, Wednesday, March 24, 2010. Parents are invited to come to school with their students to experience their learning with them.

To accommodate our younger learners, we will be having two different times for our conferences.

Kindergarten Conferences are from 1:00 - 6:00 pm.

Grade 1-5 Conferences are from 6:00 - 7:30 pm.

Please return the conference forms by Tuesday March 2, 2010.



SPELLATHON NEWS!

Thanks to all our students for participating so enthusiastically in CTS's 2010 Spellathon.

Funds raised will go toward field trips, cultural events and athletics.

So far the total is:

Thanks also to all the parents for supporting this worthwhile fundraiser for our school.

\$6,317.51

CONGRATULATIONS!



Kindergarten Immunization Clinics

The Vancouver Island Health Authority is holding special immunization clinics for kindergarten-aged children in January to May.

Immunization of children is one of the most important aspects of maintaining their health. Vaccination plays a crucial role in childhood and adult health and is recommended by the Chief Medical Health Officer.

Diphtheria, acellular Pertussis, Tetanus and Polio: This vaccine protects against all four diseases in one shot. Most children in kindergarten are due for a booster dose of this vaccine.

Measles, Mumps and Rubella (MMR): If your child has not had two doses of MMR vaccine they should receive the vaccine in the kindergarten year.

Chickenpox (Varicella): Healthy children who have not already had chickenpox disease, shingles or a previous dose of chickenpox vaccine should be vaccinated against chickenpox in the kindergarten year.

Hepatitis B: If your child has not had 3 doses of Hepatitis B vaccine, they are eligible.

Meningococcal C: If your child has not had 1 dose of this vaccine after the age of one, they are eligible.

All vaccines listed above are provided free of charge.

To check your child's immunization status or to make an appointment, phone your local health unit.

Esquimalt Health Unit 530 Fraser Street 250-360-5600	Salt Spring Island Health Unit 1 – 137 Crofton Road 250-538-4880
Outer Gulf Islands, c/o Peninsula Health Unit 250-539-3099 (toll free)	Sooke Health Unit 104 – 2145 Townsend Road 250-642-5464
Peninsula Health Unit 102 – 2170 Mt Newton X Road 250-544-2400	Victoria Health Unit 1947 Cook Street 250-388-2200
Saanich Health Unit 3995 Quadra Street 250-519-5100	West Shore Health Unit 345 Wale Road 250-478-1757

ARE YOU READY FOR SOME FOOTBALL!!!

Greater Victoria Minor Football has been kicking the ball around in your community for over 20 years, teaching youth the principles of fair play, sportsmanship, teamwork and friendly competition.

Greater Victoria Minor Football Association invites boys and girls ages 7-14 to come to **1 Practice for free**, just bring cleats and a great attitude.

ALL GEAR IS SUPPLIED!!! (except cleats)

Please visit our website at www.victoriafootball.ca for more info

Registration fees:

Pre-Atom \$175 Players Born in 2000/2001/2002

Atom \$210.00 Players Born in 1998 & 1999

Pee Wee \$210.00 Players Born in 1996 & 1997

Practice Dates

Mondays & Wednesdays from 6:00pm - 8:00pm

at Copley Park in Saanich. Off Vanalman St, On Parkridge St

Round Robin Jamboree

PEE WEE - Friday March 5th, 2010 at Royal Athletic Park from 5pm to 9pm

ATOM - Saturday March 6th, 2010 at Royal Athletic Park from 5pm to 9pm

Pre-Atom - Sunday March 7th, 2010 at Royal Athletic Park from 12pm 4pm

Start of REGULAR Season: Saturday March 20th, 2010

End of REGULAR Season: Sunday June 6th, 2010

Semi Play-offs: Saturday June 12th & Sunday June 13th 2010

CHAMPIONSHIPS:

SILVER CUP: Saturday June 19th, 2010

GOLD CUP: Sunday June 20th, 2010

WE ARE THE VICTORIA VIKINGS !!!

ATTENTION ALL CLOVERDALE PARENTS AND STUDENTS!



The Practicum Teachers currently working at Cloverdale

Traditional have been running a Green Team for several weeks now. The Green Team invites students from all grade levels in to discuss how to make Cloverdale "greener".

One of the initiatives chosen was the 'Garbage Free Lunches'. This will greatly reduce the school's garbage load and required garbage truck pickups, which will cut down on the size of the landfills and fuel emissions. The hopes are that students will be able to bring food and drinks to school that require no "throw away" packaging and will come in reusable plastic or metal water bottles and reusable plastic containers (such as Ziploc).

The first two days of Garbage Free Lunches are tomorrow, **Friday February 26th** and **Friday March 5th**. Please try and pack your child's lunch accordingly.

Thank you for your time and consideration towards our initiative

R. Sutton

on behalf of the Green Team



My name is Greg Rickwood and I am a PhD student in the Exercise Science, Physical and Health Education Department at the University of Victoria. I would like to invite you to participate in my study entitled: “**The Relationship between School Environments and Physical Activity.**” It involves the completion of a brief online survey and will require approximately 7-8 minutes of your time. For each survey completed, \$2.00 will be donated to the Healthy, Safe, and Caring Schools Program that strengthens the capacity of schools in the Greater Victoria School District to enhance the well-being of school communities (see: www.healthyschools.sd61.bc.ca).

The aim is to increase our understanding of children’s opportunities for physical activity at school. The survey results will help schools identify what helps or hinders children’s physical activity at school and may be useful for future planning.

If you are considering participation, please visit <http://askitonline.com/survey/activepass/>. On this site, you will find more information about the study in the form of consent materials and the survey itself; you will be asked to indicate what school your child attends prior to survey completion.

I thank you in advance for your time and willingness to participate in this study. For further information, please contact me, Greg Rickwood, at rickwog@uvic.ca or by phone: 250-384-9881. This study has received approval from the Human Research Ethics Board at the University of Victoria.



March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 LAST DAY OF SCHOOL BEFORE SPRING BREAK -REPORTS GO HOME	6
7	8	9	10	11	12	13
14	15				19	20
21	22 SCHOOL REOPENS AFTER SPRING BREAK	23	24 STUDENT LED INTER- VIEWS 6-7:30PM EARLY DISMISSAL 12:04	25 Reading Extravaganza Kick off	26 PAC SOCIAL	27
28	29 READING EXTRAVAGANZA BEGINS!	30 PAC MEETING	31			

SPRING BREAK

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 NO SCHOOL GOOD FRIDAY	3
4	5 EASTER MONDAY NO SCHOOL	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23 PROD NO SCHOOL	24
25	26 1pm Ed Peekeetoot Performer/Musician Whole School	27 PAC MEETING AGM	28	29 JEANS DAY	30 PAC SOCIAL	