



PARENT ADVISORY COUNCIL

Tuesday January 26th, 2010

Welcome

- Accept November 24th Minutes – Marlee Wilson/Tanya Creed
- Any additions to the agenda? Yes: Olympic non-uniform day? (Ken)
- Accept the agenda – Colleen Yarrow/Mona Byrne
- 24 people in attendance, big thank you to Mrs. Camden who also attended the meeting.

Principal's Report: Kathy Upton

- The school's website is up and running. It can easily be updated, and pages can be kept current by Kathy and Christine.
- FSA-Finished on January 27th. This information is quite valuable for the school.
- Spell-a-thon- Envelopes to be sent home on January 27th. This is a big fundraiser for the school. Monies raised is helpful for field trips, busses etc. Just a note that there should be no door to door canvassing. Please only obtain pledges from people you know.
- Floor hockey Jamboree-February 17th at Cedar Hill School. Josh Garland will be coaching the students. Thank you Josh!
- Ready set learn- February 2nd is the pyjama party. Games, and information for 3-4yr old children starting school this year.
- Budget-There is a big shortfall in the budget this year. Cutbacks include \$50,000 cut back for bus transportation. There will be a 2 week spring break starting this year that will save \$120,000 without salary cuts to the staff. Some ideas to increase budget would be increase for rentals? There will be a public budget meeting, date to be announced in the next newsletter. A reminder that students are to be asked for necessities ONLY. Non disposable.

Vice Principal's Report: Christine Patterson

- Thank you to parents for their donations to Under the Giving Tree. All the donations were gratefully received and appreciated.
- Basketball fun day was a great success. Josh Garland will also be coaching the students for basketball.
- Canwest canspell- Hannah May in grade 4 is the winner from our school. Congratulations Hannah! She will take a 60 word written test and move on to finals.
- Math arcade is still in the planning stages. Hoping to have it held in March or April.

Treasurer's Report: Melissa Nute

- Money from fundraisers thus far total \$11,497.00
- \$200 from gaming account went towards the snowman presentation.
- Bottle drive brought in\$1900. The bottle depot on quadra has an account set up for our school. So you can return bottles anytime and help the school!
- Villages cards are still being accepted. If you pick up pizza at any villages locations, they will donate 10% to our school! If you would like a card, please see Maia.
- Tall Tale books will also donate 5% of your purchase to our school.



PARENT ADVISORY COUNCIL

Old Business:

- **BC 150 Gaming Grant: Stacey** The BC 150 Gaming Grant has been approved for \$5,000. Motion: That the BC 150 Gaming Grant be used towards the purchase of a school sign
Moved by: Maia Seconded: Kim Carried
3 quotes have been provided
Motion: To remove Houston signs as an option
Moved by: Stacey/ Seconded by Maia Carried
A vote was cast as to what sign company to use, and Triad got all but 1 vote. The school will use Triad signs.
- **Hot lunch: Stacey** Some children are being left out from the hot lunch program for various reasons. Also, there doesn't seem to be enough volunteers on a regular basis. Stacey will look into how Cedar Hill School has such a successful Hot Lunch program.
- **Smile card goal:** Mona suggested that this goal be tabled until we know how much the installation of the sign will cost the school. We can then determine if we need these funds to cover any costs for the sign.
- **Bottle drive update:** Bottle drive was very successful. There was a \$100 cost for the custodian, but we still raised over \$1800!! If anybody is interested in taking over the bottle drive fundraiser, please see Chris!
- **Self Esteem workshop: Tanya Creed** This will be held on February 23rd 2010 at 7:30-8:30pm right after the OSM meeting, in the library. If you haven't signed up yet, please see Tanya Creed, or contact a member on the pac executive.
- **Campbell's Labels: Marlee Wilson** There is a link on the newsletter that you may go to, to see the various items that are available for free, essentially. After enough points are collected, we can choose what we'd like to use them for. Music instruments, scoreboard etc...

New Business:

- **VCPAC announcements:**
- **1. Reminder - CBC Documentary "The Downside of High" : January 28 at 8:00 p.m. with David Suzuki**

Teenagers who start smoking marijuana before the age of sixteen are four times more likely to become schizophrenic. That's the startling conclusion of some of the world's top schizophrenia experts, whose research is featured in the new documentary *The Downside of High*, premiering on CBC TV's "The Nature of Things" with David Suzuki on Thursday, January 28 at 8:00 PM. The scientists' groundbreaking work on the connection between marijuana and mental illness also reveals that, for all young adults, smoking marijuana nearly doubles the risk of developing recurring psychosis, paranoia and hallucinations – the hallmarks of schizophrenia.

The Downside of High, directed and written by Bruce Mohun, tells the stories of three young people from British Columbia who believe – along with their doctors – that their mental illness was triggered by marijuana use. All three spent months in hospital psychiatric wards, and still wage a battle with their illness. Today's super-potent pot may be a big part of the problem. Modern growing techniques have dramatically increased the amount of THC, the psychoactive ingredient in marijuana – ramping up the threat to the developing teenage brain.

2. Healthy Youth Today, Healthy World Tomorrow Conference

You're invited to the Centre for Youth & Society's Upcoming Conference
February 11-12, 2010: Harbour Towers Hotel, Victoria BC



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Free Registration

The Centre for Youth & Society warmly invites you to our 2010 conference entitled, "Healthy Youth Today, Healthy World Tomorrow". We were glad to have you as a delegate at last year's "It's Not Too Late: Adolescent Resilience & Empowerment" conference, and we sincerely hope to see you at this year's event!

The conference will take place from February 11-12, 2010, at the Harbour Towers Hotel in Victoria. This year's keynote speakers are Dr. Bonnie Leadbeater and Miss Hannah Taylor. Other presenters include researchers and community members dedicated to improving the health of youth in our society. See below for more information about the conference and keynote speakers.

Registration for this conference is free, and continental breakfast, coffee breaks, and lunch will be provided on both days. In addition, we invite you to join us for a reception on Thursday, February 11, directly following the conference. To register, please email registration request form to cys@uvic.ca or fax to 250-472-5470. Please pass this invitation along to anyone who might be interested in attending. For more information, please contact us at cys@uvic.ca

3. Fundraising in Challenging Economic Times

An effective fund development program should be a permanent part of every organization. If that doesn't describe your current situation, be part of the learning and relearning at this upcoming workshop with fundraising expert Judy Lightwater. Due to the economic changes of the last year, some elements of fund development have changed. Donor relations are more important than ever, as is complete accountability and never under-budgeting.

Date: Thursday, March 11, 2010 Time: 9:30 am to 3:30 pm

Location: University Club, University of Victoria

More Information: email: beth@volunteervictoria.ca phone: 250 386 2269

- **Olympic non uniform day:** Ken Ken suggested that perhaps we could have a non uniform day for the Olympic Opening Ceremony Day on February 12th? Kathy suggested we combine it into a Valentine's non uniform day as well. Children may wear a white or red top, KEEP the uniform bottom and socks. This will be confirmed in newsletter or notice form, as well as the Anti bullying day for February 25th.
- Fund requests: Mona has requested a budget of \$286 to pay for a small supply of vests to be kept on hand (8 vests) as well as 1 replacement uniform top.
Motion: To approve this fund request for \$286 for uniform sample vests and top.
Moved by: Stacey Seconded by: Duncan Carried
- Kathy has received a bill for the website update. The invoice is for \$1,000 and covers all maintenance for the next 2 years. (Kathy and Christine have agreed to leave the room at this point in the meeting)
Motion: For the PAC to share half the cost of the website fee (\$500), to come from the gaming/or general account.
Moved by: Maia/ Seconded by: Kim Carried, but with 2 members opposed, one being Mona Byrne. The proper protocol for budget requests, is that the form be submitted and voted upon PRIOR to the actual spending of said funds. This invoice was presented after the bill had been paid.

Meeting adjourned: 8:45pm



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