



Newsletter

The Greater Victoria School District wishes to recognize and acknowledge the Songhees & Esquimalt Nations on whose traditional territories we live and do our work.

Dates to Remember:

Thursday, September 22

Friday, September 23

Wednesday, September 28

Thursday, September 29

Friday, September 30

Monday, October 3

Wednesday, October 5

Thursday, October 6

Welcome Back Barbecue (5:30 – 6:30) and Classroom Tours (6:30 – 7:00)

Whole School Walk/Run 12:40 p.m.

Grade 5 Field Trip to Camp Thunderbird

Walk On Wednesday

Terry Fox Run 1:45 p.m.

“Verbal Judo” presentations to Divisions 1, 2, and 3 (by Ken Marchtaler)

Whole School Walk/Run 12:40 p.m.

Cross Country 3:45 p.m. Lambrick Park

Walk to School Week

INTERNATIONAL WALK TO SCHOOL DAY

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WELCOME BACK BBQ



Tonight, September 22nd, is our annual “Welcome Back Barbeque. We hope you have responded to the notice that was sent home last week. We hope to see all our Braefoot families attend this fun, family event. Hot dogs, corn on the cob, and a great opportunity to have your child show you their classroom.

BBQ is 5:30 – 6:30 and visit classrooms 6:30 – 7:00 p.m.

TERRY FOX RUN, WEDNESDAY, SEPTEMBER 28th

Next Wednesday, the entire school will be participating in the Terry Fox Run beginning with an assembly in the gym at 1:45 p.m. We will be accepting donations for this worthwhile cause. Toonie or Loonie (or more) will be gratefully accepted. Parents and neighbours who are able to join us are most welcome.

CROSS COUNTRY



Students in Grades Three, Four and Five are currently participating in our Fall Cross Country season. Practices are daily, at 11:45 (except Friday's) and meets are held weekly (starting Monday, October 3rd) Our cross-country season will culminate with a City Finals at Beacon Hill Park on Monday, October 24th at 1:00 p.m.

WITS PRESENTATION

Constable Hildred will be making a WITS presentation to our primary classrooms soon. In case you are not aware of this conflict resolution program, the acronym stands for:

Walk Away; **I**gnore; **T**ell Someone; **S**eek Help.

Reinforcing these strategies at home will help your child avoid turning small issues into larger ones.

CLASS/PAC REPRESENTATIVE

See your child's teacher if you are interested in being a class rep. Various responsibilities include assisting with class special events, organizing transportation and new this year, keeping class parents aware of various PAC sponsored events. See Mr. Mann or one of our PAC executive at the BBQ for more details.

WALK ON WEDNESDAYS

Every Wednesday at Braefoot is walk to school day. Students may walk part way, ride, blade, carpool etc., etc. Any activity that promotes a healthy life style and reducing vehicle traffic in and around our school grounds. Our goal is to eliminate as much vehicle traffic as possible.

(Wouldn't 100% be a terrific goal!!) Student patrols are on duty at the crosswalk on the corner of Braefoot and Harrop Roads. Many parents park their car on Braefoot Road and walk the rest of the way to the school.



BC SCHOOL FRUIT AND VEGETABLE PROGRAM:

Our school is continuing to participate in this provincial program. It would involve the distribution of fruits and vegetables to students twice a week. The food would be provided free of charge to the schools, would be washed and ready to eat. Alison Stafford, one of our parents has volunteered to coordinate the program, if you are available to assist or would like more information, please contact Mrs. Taylor (btaylor@sd61.bc.ca).

EARTHQUAKE COMFORT PACKS

Each year we do our best to prepare for the possibility of students remaining at the school after hours due to an earthquake. An important part of this program is for each child to bring a comfort pack.

In early October, a bag will come home with your child. All comfort items must fit inside the bag supplied with the top closed. All items must be non-perishable and simple to open.

Suggested items include:

- a granola bar, power bar, fruit roll-up, small packages of fruit/crackers
- A letter of comfort
- A family photo
- Small comfort toy

Please be advised that the school has a good supply of food, water and emergency blankets thanks to the on-going support of the Braefoot Elementary P.A.C.



1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

7000 books for babies and preschoolers! Last school year, that many books were donated by Victoria families to children attending Strong Start Centres. Recycling that makes a huge difference in the lives of many children! Please continue to donate picture books for babies and preschoolers – there is always a drop box just outside the library.

Steve Nash Youth Basketball – for grades 2 and 3

Steve Nash Youth Basketball teaches the FUNdamentals and skills of basketball in a structured and fun environment. Run by volunteers, our community-based program incorporates local input within the parameters of a sound, well researched, youth sports program. Coaches are supported through clinics, manuals and access to Basketball BC resources. Generally (school gym dependent) sessions are Friday evenings from 5-6 or 6-7.

Each participant receives a basketball, a reversible SNYB jersey, 10 weeks of skill development instruction, insurance and a Basketball BC membership. One of our parents, Karen Thompson, is willing to organize and coach a Steve Nash Basketball program for our school. The program will run from 5:00 to 6:00 Friday afternoons in the Braefoot Gym. Please contact Karen at karenwt65@gmail.com to register your child, or to offer assistance with the program.

