

# H1N1 – Medical Note

## **Should I supply a medical note when excluded from work due to H1N1 symptoms?**

Individuals exhibiting H1N1 symptoms are being advised by the Provincial Medical Health Officer and Public Health Agency of Canada to stay home and not go to their GP's office, or emergency department, unless symptoms worsen or recovery is delayed. Therefore, Human Resources and Principals should avoid requesting a medical note. In these circumstances instead we will accept a notice of absence which should be emailed by the employee to [jlangston@sd61.bc.ca](mailto:jlangston@sd61.bc.ca) . If the recovery period is extended beyond five working days, a medical note from the doctor's office would be requested, which may be sent directly from the Doctor's office, via email, to [jlangston@sd61.bc.ca](mailto:jlangston@sd61.bc.ca).