

The Medicine Wheel Program



will be offered in the following locations in 2012

Level 1

Vancouver, Feb 20 – 24
Calgary, Mar 5 – 9
Thunder Bay, Apr 16 – 20
Winnipeg, Apr 16 – 20

Prince Albert, May 14 – 18

Level 3

Vancouver, May 7 – 11
Fort Qu'Appelle, June 4 – 8

Level 2

Vancouver, Feb 27 – Mar 2
Calgary, Mar 12 – 16
Thunder Bay, Apr 23 – 27
Winnipeg, Apr 23 – 27

Prince Albert, May 21 – 25

Level 4

Fort Qu'Appelle, July 8 – 14
Vancouver, August 12 – 18

Tuition fees are \$700.00 per Module (except Level 4)

For information about hosting these workshops in your community contact:

Kakakaway & Associates

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Website: www.kakakaway.com

Please Post

The Medicine Wheel Training Program

The Medicine Wheel – Level 1

We incorporate the teachings of The Medicine Wheel into our training sessions and along with the sharing we also laugh, sing, play & support one another. It is a very memorable occasion and according to many of our past participants it is *awesome!*

In the sacred circle, we start the week off with an opening prayer & song to greet the day. This is followed by an explanation of our sacred smudging ceremony.

Level One Teachings

- * smudging & opening prayers
- * the role of a facilitator
- * visualizations & spirit guides
- * healing through laughter
- * the impact of residential schools
- * the story of Turtle Island
- * the significance of the Eagle landing on the moon
- * the legend of the White Buffalo Calif Woman & the sacred pipe
- * the 4 Elements in the sweat-lodge
- * using the Circle of Life in group counselling
- * what is an Elder?
- * traditional meal and spirit plates
- * presentation of certificates

The Medicine Wheel – Level 2

This is a continuation from the first Level and it includes traditional life skills. Participants should take Level One before applying for this module. These teachings are sacred and delve further into spirituality.

In Level Two we learn about the power of smudging and prayers. Most of the training sessions are spent sitting on the floor. Women are asked to wear dresses and everyone is encouraged to wear moccasins.

Level Two Teachings

- * the story of our first smudge
- * the role of two spirited ones
- * traditional male and female roles
- * protocol of life-givers on their cycle
- * childhood ceremonies, moss bag teachings, and traditional names
- * youth ceremonies include rites of passage, fasting, & vision quests
- * adults master cultural practices and moon time ceremony
- * Elders have the right to call upon ceremony. They have earned the right to speak & correct balance
- * the passage home
- * traditional knowledge keepers
- * traditional healers/ceremonialists
- * presentation of certificates

The Medicine Wheel – Level 3

Participants learn more about the protocols involved when passing these teachings on. What is an adequate payment for intellectual property and property rights? Everything has to be earned, there are no short cuts.

These teachings prepare participants for the sweat-lodge, vision quest and fasting ceremonies in Level Four. It will also prepare them for making offerings, and adhering to laws in accessing and receiving a stem/pipe.

Level Three Teachings

- * there will always be a need to maintain balance and harmony
- * how you can achieve balance in contemporary society
- * the different smudges used in accessing a spiritual connection
- * controlling your conscious and subconscious in a humble way
- * roles of male and female helpers
- * laws regarding spiritual bundles
- * the meaning of songs (calling, prayer, sending home & Creator)
- * seasonal teachings
- * old time offerings: (willow, money, sugar, berries, and coloured cloth)
- * presentation of graduation kits
- * preparing for Module 4 Ceremony

We can bring these traditional teachings to your community.

Please. Prct.